



## Welcome to DCA Athletics

Hello! We are glad you have decided to participate in our athletic program. We believe athletics are a way for the students to get to know their friends more fully, obey authority in a new way, learn how to dedicate themselves to a team, understand the importance of taking care of their bodies, and most importantly, grow in their walk with Christ in a new and challenging part of life.

Attached, you will find answers to general questions about DCA athletics and the links for further information.

- Athletic Director-Jay Helzer, [jhelzer@dentoncalvary.org](mailto:jhelzer@dentoncalvary.org), 817-403-7785
- Athletic Coordinator-Chandra West, [cwest@dentoncalvary.org](mailto:cwest@dentoncalvary.org)
- Projected junior high and high school practices/games per sport. Found under the athletic tab, under game and practice schedule.
- **Physical and medical history form is required by Aug. 1.** Forms located under the athletic tab on the website. Athletes must have forms turned in before allowed to attend practices.
- Parents and athletes with cell phones must **sign up for the Remind texts**. The texts are for last minute changes and will override the weekly schedule. This is found under the Athletic tab under athletic forms.
- Practice Uniforms required are modest black shorts with a DCA athletic shirt. Shirt can be purchased through the school in the main office.
- Game uniforms are provided.
- An email will be sent out prior to the beginning of each sport.
- The game schedules are located on the school's website under the athletic tab.
- A weekly schedule is posted on the school's website under the athletic tab with practice time and location, game time and location, bus departure and time information. Check this each week for updates.
- Upon acceptance to DCA your athlete will be eligible to participate in any summer programs being offered. Please contact Chandra or Jay for information.